



Meals on Wheels

PRINCE EDWARD COUNTY, VA

505 Griffin Boulevard, PO Box 758, Farmville, VA 23901
434-392-8797 or 434-315-3480 or director@mowpec.org

VOLUNTEER FACT SHEET

ABOUT US

Meals on Wheels is a non-profit 501(c)(3) tax exempt corporation, which, since 2001, has delivered over 200,000 meals in Prince Edward County and other counties within a 20-mile radius of Farmville, VA. Meals on Wheels was founded by members of six area churches and is currently governed by a 14-member board of directors. Revenues are derived from grants (including United Way, Payne Foundation, Prince Edward County, Two Cents a Meal); donations from churches, businesses and individuals; client meal fees; and fund raising event proceeds. Meal on Wheels receives ZERO state or federal funds.

CLIENTS

Though clients, male and female, range in age from 37 to 100, the average age is 77. Annually, Meals on Wheels serves 100+ clients from diverse social-economic backgrounds. Clients are referred by doctors, hospitals, health care agencies, social services, churches, family members and friends, and they must complete an Application for service. Length of service varies among clients from short term (i.e. recuperation from surgery/illness; absence of caregiver, temporary hospital stay, etc.) to long term (i.e. several years). Most clients receive service Monday through Friday and 68% are unable to pay the full cost of meals.

MEALS

CENTRA Nutrition Services prepares & packages all meals. A registered dietician enables the agency to provide specialized diets including diabetic and renal. Also, meals can be designated as chopped or pureed. A daily meal consists of two parts: 1) a hot packaged meal; and 2) cold food items (packaged in a separate plastic bag).

DELIVERY

Monday-Friday at 10:45am, Volunteer Drivers meet at the "top of the hill" in the hospital employee parking lot (closest to High Street) to pick up meals to be delivered. By 11:00am, all Drivers are on their meal delivery routes and most routes are complete by 12:30pm.

Drivers are asked to deliver their empty meal bags back to the hospital loading dock after completion of their routes. Drivers who do not wish to return to town should transfer meals into their own containers before departing on their routes at 11:00am.

Drivers are asked to contact the Director immediately if they are unable to meet their meal delivery commitment.

Meals are NOT delivered on the following holidays: New Year's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving and Christmas. An extra cold meal (to compensate for the holiday) is delivered on the business day preceding the holiday.

MOW MISSION...To provide & deliver nutritiously balanced meals to elderly, disabled and homebound adults of Prince Edward County, VA and within a 20-mile radius of Farmville.